



Como West Public School

Wolger St Como, 2226 NSW

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27 July 2023

Athletics Carnival 2023 **High Jump Permission for 8yrs to 13yrs ONLY**

DATES: From 31 July and during Week 4

VENUE: Como West Public School

Sutherland Zone PSSA requires permission from parents for students to participate in High Jump events due to the risk level associated with injury. If you would like your child to compete in high jump, please give consent below. Only give consent to the Fosbury Flop if your child competes in high jump outside school in an Athletics Program.

Heats and finals will be held at school.

Winning students in each age group will compete at the Zone Athletics Carnival at Sylvania Track on Thursday 24 August 2023.

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Permission Note / High Jump Event ONLY, from Monday 31 July 2023

I give permission for _____ of class _____ to compete in high jump at Como West Public School.

I give permission for my child to do the (Please circle)

Scissors Technique

Fosbury Flop

Parent's/Caregiver's Signature

Signed: _____ Date: _____